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## (54) FOOD PREPARED BY USING KOTO-SUGI AS MAIN RAW MATERIAL AND ITS PREPARATION

(57)Abstract:

PROBLEM TO BE SOLVED: To obtain a food produced by using Koto-sugi (a tree of the family Taxaceae, native to Yunnan Province, China, or the like) as a main raw material and incorporated with Ubai (baked plum fruit), or the like, known as a Chinese herb drug effective for allergic diseases.

SOLUTION: The trunk of Koto-sugi is powdered to 20-60  $\mu$ m diameter in a vacuum of 60-220 kg/cm<sup>2</sup> and mixed with powder of Ubai, Kanzou (root of Glycyrrhiza glabra), Ougiyo (leaf of Astragalus huantchy), Kinginka (flower bud of Lonicera japonica) and Rakanka (fruit of Momordica grosvenori) and the mixture is dried, packed in a paper bag in a state of 5% water content and shipped. As an alternative, the trunk of Koto-sugi is powdered to 20-60  $\mu$ m diameter in a vacuum of 60-220 kg/cm<sup>2</sup>, separately dried powder of Ubai, Kanzou, Zoseika, Ougiyo, Kinginka and Rakanka is boiled in water to obtain a concentrated liquid, the liquid is added to the Koto-sugi powder, stirred and powdered by dry-free process and the mixture is added with an excipient and tableted. As another alternative, the trunk of Koto-sugi is powdered to 20-60  $\mu$ m diameter in a vacuum of 60-220 kg/cm<sup>2</sup>, added with a concentrated liquid of Ubai, Kanzou, Zoseika, Ougiyo, Kinginka and Rakanka and converted into an easily drinkable product by the addition of syrup or honey.

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